

LUNCH MENU

Monday thru Saturday from 11am to 4pm

Sylvia's
WOODWAY

APPETIZERS

CHILE CON QUESO
So Creamy and Smooth
Cup 5.50 Bowl 7.79
add Taco Meat 1.59

FRONTERA GUACAMOLE
BLEND YOUR OWN
Fresh Mashed Guacamole served
with Diced Tomatoes, Onions,
Cilantro and Jalapeños 8.95

PICAMOLE
Diced Avocados, Cilantro,
Tomatoes, Jalapeños
and Onions Sm 4.00
Med 6.25 Lg 8.75

CLASSIC GUACAMOLE
Diced Tomatoes
blended with pure fresh
mashed Avocados
Sm 3.75 Med 6.00 Lg 8.50

SOUP & SALAD

CLASSIC RED TORTILLA SOUP
Red Guajillo Chile & Chicken Broth
with Avocado, Tomatoes, Corn,
Cilantro and Tortillas Chips
Cup 5.50 Bowl 8.00 Add Chicken 1.50

CAESAR SALAD
Romaine Lettuce, Roasted Corn, Black Beans,
Avocado, Tomatoes and Queso Fresco 8.75
Fajita Chicken 10.50 Fajita Beef 11.95

CALDO DE POLLO
Old fashion Chicken Soup with
Vegetables, Rice and Corn Tortillas
Bowl 9.50

MIXED GREEN SALAD
Mixed Greens, Tomatoes,
Avocados, Strawberries, Pecans
and Queso Fresco with
Vinaigrette Dressing 8.50
Add Chicken 1.50

CUP OF SOUP & LUNCH SALAD
Classic Tortilla or Sopa de Fideo
with a Small Caesar Salad 9.50

TACO SALAD
Served In A Crunchy Bowl
Taco Meat 8.95 Fajita Meat 9.95

SOPA DE FIDEO
Mexican Style Chicken Noodle Soup
An Old Fashioned
South Texas Favorite made with
Vermicelli and Chicken
Light and Delicious
Cup 5.50 Bowl 8.75

LUNCH SPECIALS

CARNE GUISADA
A Big Favorite
Mexican Style Beef Stew
Served with Rice, Beans
and Two Flour or
Corn Tortillas 9.50

REFUGIO
Two Cheese Enchiladas
A Blend of Cheddar Cheeses
with Sylvia's Signature
Chili Gravy, served
with Rice and Beans 8.50

SAN MIGUEL
Enchilada Suizas
Two Chicken Enchiladas
topped with Creamy Suiza
Sauce, served with
Rice and Beans 9.95

MISSION
Cheese Enchilada,
Crispy Beef Taco and a
Chili Con Queso Tostada
A Great Combo Plate 8.50

LA FERIA
One Beef or Chicken Burrito
covered with our Chili Gravy,
served with Rice and Beans 9.95

★ **CHALUPAS** ★
Two Ground Beef
or Chicken Chalupas
garnished with Beans,
Lettuce, Tomato, Cheese
and an Avocado Slice 8.95
Sub Fajita Meat 1.50

✓ **MORELIA**
Two Enchiladas "Rojas"
filled with Queso Fresco
and Onions, served with
Rice and Beans and a
Low Fat Cheese Sauce 8.95

★ **WESLACO** ★
Two Crispy Ground Beef
or Chicken Tacos
with Rice and Beans 8.50

MICALLEN
Two Chicken Enchiladas
Tender cooked Chicken
topped with our Signature
Chili Gravy, served
with Rice and Beans 9.50

✓ **CRYSTAL CITY** ★
Two Spinach Enchiladas
Fresh Spinach sautéed with
Herbs and Spices, covered
with a Tomatillo Sauce
Served with Rice and Beans
Very Low Fat! 8.95

SAN JUAN
Beef Chalupa,
a Cheese Enchilada
and Guacamole 8.95

✓ **SARITA**
Enchiladas de Calabacita
Traditional Mexican Vegetables
(Calabacita and Corn)
sautéed and combined with
Queso and topped with a
Light Cream Sauce 8.95

Additional Charge May Apply For Any Substitution To Any Item On The Menu

SOUTH TEXAS COMFORT FOOD

★ **MEXICO CITY**
Chicken Enchiladas
Made The Classic Mexican Way
topped with "Salsa Verde" and
Sour Cream - Served with
Rice and Beans 9.50

SAN BENITO
Ground Beef Enchilada
with a Crispy Beef Taco
Served with Rice and Beans 9.50

DONNA
Ground Beef Enchiladas
Traditional recipe with our Chili Gravy
Served with Rice and Beans 9.95

QUESADILLA
Beef Fajita or Chicken Fajita
with Cheddar and Monterey Jack
Cheese. Served with Guacamole
and Sour Cream
Chicken 8.95 Beef 9.95

ELSA
Cheese Enchilada
with a Crispy Beef Taco
Served with Rice and Beans 9.50

PUEBLA
Enchiladas Mole
Tender Cooked Chicken
topped with a Traditional
Mole Sauce
Served with Rice and Beans 9.95

SYLVIA'S TACOS

TACO AL CARBON
One Fajita Beef or Chicken Taco
with Grilled Onions and Peppers,
served with Guacamole,
Pico de Gallo, Rice and Beans 9.95

★ **RIO GRANDE VALLEY TACOS (2)**
Grilled Corn Tortillas stuffed with
Chicken and Jack Cheese
served with Rice,
Beans and a Light Salad 9.50

★ **TEXAS FISH TACOS (2)**
Handmade Corn Tortillas filled with
Crispy Fried Fish and Picamole
Served with Rice and Beans 10.50
Grilled Fish available on request
no combos please

★ **STAR INDICATES**
GLUTEN FREE ITEMS

LAREDO (2) SOFT TACOS
Taco Meat, Chicken or Carnitas
with Lettuce, Tomato and Cheese
Served with Rice and Beans 9.95

GRILLED TACOS RANCHEROS (2)
Taco Meat or Chicken
Grilled Corn Tortillas with
Lettuce, Tomato, Cheese and
a slice of Avocado. Served with
Rice and Charro Beans 10.50

DESSERTS

TRES LECHES CAKE Chocolate or Vanilla 6.50 **FLAN** The Best Ever! 5.00 **SOPAPILLAS** 5.25

18% Gratuity For Parties of 6 or More Additional Charge For Split Entrées Some Chicken Dishes May Contain Small Bones